



Happy Days Children's Charity
Clody House
90 – 100 Collingdon Street
Luton
LU1 1RX



Tel: 01582 651234
Email: campaigns@happydayscharity.org

TEXT "Days333" to 70070 to donate £3 to our vital work



Aroob's Story

Aroob from Sheffield is six and has a severe neurological disorder. She is unable to walk or talk, has epilepsy and requires a feeding tube. But his doesn't stop her being super happy and smiley as you can see from this photo of Aroob with her little brother!

Looking after Aroob takes a lot of time and effort, and so her parents struggled to make ends meet. Happy Days organised a break to Legoland giving the family a much needed holiday and a chance to forget their worries for a few days.

Where You Can Help?

Why Not Try Doing This?

In Your Community

Help put out collection boxes at local shops and businesses

At Nursery or Primary School

Join in with our March of the Elephants or Dance Wiggle events

At Work

Take part in a challenge event with colleagues or set up Give As You Earn

At College or University

Organise a Chilli Challenge or get your RAG team to support our local projects

More Fundraising Ideas

- * Contact us for a collection box for your business, local shop or pub
- * Take on a challenge - bike, hike, run, jog or walk either in the UK or abroad
- * Take on a skydive or a wing walk
- * Nominate us at your local Waitrose, Tesco, Asda or Sainsbury's for their local community fundraising scheme
- * Organise a charity ball or fundraising evening
- * Take part in our Give It Up challenge and raise sponsorship by quitting smoking, drinking, coffee or chocolate
- * Raise funds with a wear-what-you-like day
- * In Memory – raise funds in memory of a loved one and help create a lasting legacy

However you decide to help, get in touch and we'll be on hand to give you plenty of practical advice and materials to support your efforts.

How Your Donations Help



£10 gave Sam from Weymouth a magical day out at a Sea Life centre



£20 enabled Jack from Mansfield to see a theatre performance at school with his friends

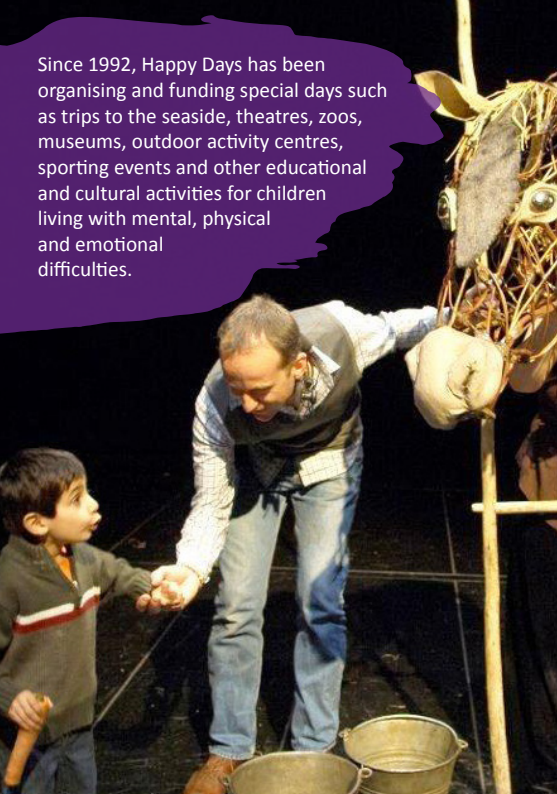


£50 gave Louis from Welwyn a special day at a music festival with his family



What a Difference a Day Makes...





Since 1992, Happy Days has been organising and funding special days such as trips to the seaside, theatres, zoos, museums, outdoor activity centres, sporting events and other educational and cultural activities for children living with mental, physical and emotional difficulties.



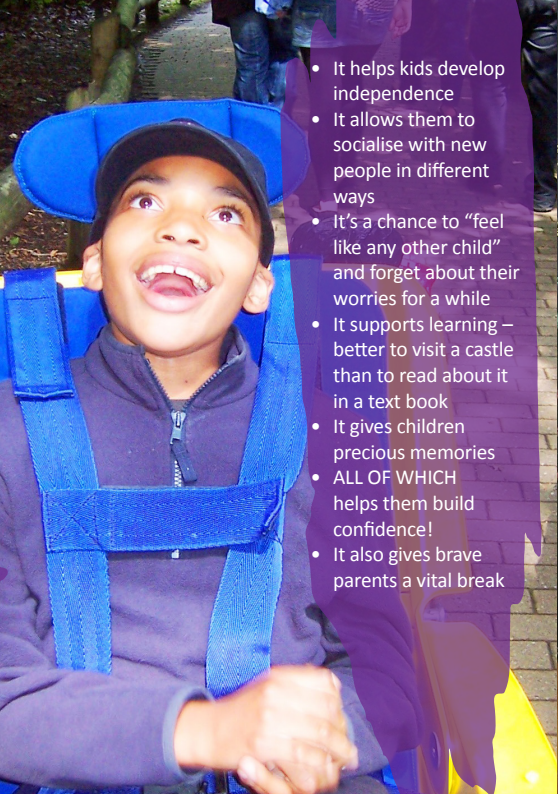
Who Do We Help?

- Children with terminal and serious medical illnesses such as cancer and HIV
- With learning disabilities such as autism
- With physical difficulties including those who are wheelchair bound, have sight or hearing problems
- Who have been the victims of sexual or physical abuse
- Children who have lost a family member
- Young carers
- Children living in care such as children's homes
- Children that are struggling with eating disorders, self-harm or anxiety

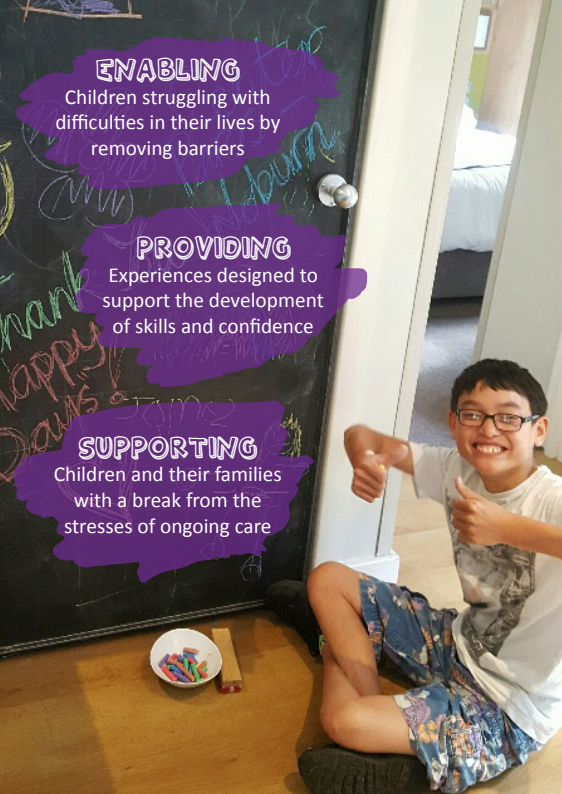


Our day trips, holidays and activities are so much more than just a nice day out

- It's something to look forward to
- We remove barriers giving children the chance to escape isolation
- It's an opportunity to meet new friends and create a network for support now and into the future
- It's a chance to develop new skills



- It helps kids develop independence
- It allows them to socialise with new people in different ways
- It's a chance to "feel like any other child" and forget about their worries for a while
- It supports learning – better to visit a castle than to read about it in a text book
- It gives children precious memories
- ALL OF WHICH helps them build confidence!
- It also gives brave parents a vital break



ENABLING

Children struggling with difficulties in their lives by removing barriers

PROVIDING

Experiences designed to support the development of skills and confidence

SUPPORTING

Children and their families with a break from the stresses of ongoing care



A Bit About Us

- We are a small charity with only nine staff
- But we were able to support almost 26,000 children in every county throughout the UK last year
- We receive NO government funding and rely completely on the kind support of people like you
- We can arrange a special day out for as little as £10
- All funds raised locally can be spent locally. So if you'd like your donation to help in your community, just ask.